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JOB SEARCH TEAM EVENTS FLYER

MARCH 2026





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THERE ARE LIMITED SPACES
AVAILABLE FOR THESE SESSIONS.

PLEASE REGISTER AS SOON AS POSSIBLE, AND
WE'D BE GRATEFUL IF YOU UNENROLL IF YOU
CAN'T MAKE IT, SO IT FREES UP A PLACE FOR
SOMEONE ELSE



EVENTS HAPPENING SOON...

[KEEP WATCHING TO FIND OUT MORE](#)

MARCH 2026

THUR
05

11:00 – 12:00 GMT:
Having a Full working Life Past 50 with
Jenny Brookes

Program Specific

WED
18

11:00 – 12:00 GMT:
How to Manage Recruiters with
Vicky Ross

Program Specific

THURS
26

11:00 – 12:30 GMT:
The Meeting Place with Vicky Ross

TUES
10

11:00 – 12:00 GMT:
Demystifying Networking with
Vicky Ross

THURS
19

11:00 – 12:00 GMT:
Imposter Syndrome - Do you
sometimes feel like a fraud? with Jenny
Brookes

THURS
12

11:00 – 12:00 GMT:
Dealing with rejection with Jenny Brookes

WED
25

09:30 – 11:00 GMT:
The Evolving Workplace – exploring
career insights and work trends with
Faye Hanks

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MARCH UPCOMING EVENTS



THUR
05 11:00 – 12:00 GMT:
Having a Full working Life Past 50 with
Jenny Brookes
Program Specific

The average person will spend over 90,000 hours at work over their lifetime, meaning our working lives matter. As we get older what we seek may alter, what we enjoy may change, we may have a different set of responsibilities within our personal lives, and we may wish to seek alternatives challenges for ourselves.

Ageing is inevitable however how we respond to this is well within our control. We will have our own feelings about age which will be influenced heavily on the messages that have been around you in the past and now. Has ageing been seen as a negatives or a time when someone is liberated and free? Are you experiencing feelings of self-doubt or worries about not getting a job based on age related stereotypes? These will be discussed together in the group.

What you require from an organisation may have changed and businesses are actively working on attracting over 55's. Both angles will be discussed as a group as well as understanding talent shortages.

Lastly, the next chapter may be one you are undecided on - you may be considering a pause in work or retirement. We will chat through how to make this a successful and fulfilling time.

This is an interactive session but due to the nature of the content will not be recorded to provide a safe place for participants to share experiences.



TUES
10 11:00 – 12:00 GMT:
Demystifying Networking with Vicky
Ross

We often talk about networking but for many of us we can feel uncomfortable with the concept, unproductive or our contacts are limited or not sure where to start?

This informative and interactive session is designed to clarify what networking is and what it is not, exploring what might be holding us back from networking, how to get started and some tips and techniques to start us on the road to more effective networking.

Networking is beneficial no matter what stage you are in during your transition so please join Vicky Ross to share experiences, connect and hopefully leave with more confidence to start networking!



THURS
12

11:00 – 12:00 GMT:
Dealing with rejection with Jenny
Brookes

What is rejection? In many areas of life we deal with different types of rejection from personal relationships, in the workplace and when searching for a new role.

To better handle rejection and the types of emotions it can cause, we need to understand what rejection actually is, what is in our control, what isn't and how we can move forward in a healthy way from it.

Join Jenny as she talks you through this, what is fact and fiction when it comes to rejection and healthy ways to cope and move forward from these situations.

"Fall down seven times, stand up eight" – Japanese proverb



WED
18

11:00 – 12:00 GMT:
How to Manage Recruiters with Vicky
Ross

Program Specific

Who are Recruiters and what types are there that will meet your needs and job aspirations?

This workshop will ensure you understand the best approach with Recruiters and how to manage the Recruiter relationship, process, and expectations.

There are advantages of working with the right Recruiters as part of your job seeking strategy, but only if you know how. Join Vicky Ross and let us ensure you are equipped to get the most out of working with Recruiters.

Vicky, who has extensive experience of working with recruitment agencies will leave you with key tips and techniques to shape your experience.



THUR
19

11:00 – 12:00 GMT:
Imposter Syndrome: Do you sometimes feel like a fraud? with Jenny Brookes

‘Imposter syndrome is a sense of self-doubt related to work accomplishments. You might have feelings of phoniness and think you don’t deserve your job. Oftentimes, imposter syndrome makes you feel like you’re tricking your colleagues into thinking you’re good at your job.

Other symptoms include lack of self-confidence at work, sensitivity of small mistakes, fear of failing your team and burnout from working too hard.

If any of these feelings ring true, you’re not alone. Join Jenny Brookes as she delves into this emotive subject and explores ways to build more confidence in your own abilities and strategies to overcome it.

This is an interactive session and will include breakout rooms, but due to the nature of the content will not be recorded to provide a safe place for participants to share experiences.



WED
25

09:30 – 11:00 GMT:
The Evolving Workplace – exploring career insights and work trends with Faye Hanks

The workplace is evolving rapidly, driven by technological advancements, changing employee expectations, and the lasting impacts of the pandemic. Join our associate Faye Hanks each quarter as she spends time looking at the changes and how they are impacting the ‘Future World of Work.’

During these sessions we’ll cover the essential skills needed to thrive in the ever-evolving workplace and staying current with your personal development to meet the demands of these workforce changes.

Our first session, providing actionable work insights, setting the stage for future events, and addressing what candidates are eager to learn. Topics we’ll aim to cover with experts where possible include:

- The Green & Sustainable career landscape
- Key quarterly employment trends and insights
- Technology; how impacts us at work and during career transition
- How less jobs affect your job search
- Tackling career change

Join us for engaging and interactive discussions on how workplace changes have influenced your job search and your feelings about these ongoing transformations that affect us all. If it’s been a while since you last searched for a new role, how have you observed these changes impacting your transition?



THURS

26

11:00 – 12:30 GMT:
The Meeting Place with Vicky Ross

A virtual drop-in to share, network, explore and engage and as such breakout rooms will be included. This session is designed to encourage you to share thoughts, experiences, hints and tips with likeminded people around your career journey so far. It doesn't matter where you are in your programme of support - start, middle or close to the end - talking with people going through the same experience may help you to have that light bulb moment you've been looking for or quite simply validate the decisions you have made.

We aim to create a safe and confidential space for you to get to know some of your peers, engage, create contacts and come away with tangible steps. Vicky Ross will be facilitating this interactive session. Please ensure you have the LinkedIn App downloaded on your phone if you would like to connect with others on the session during this event.



THANK YOU
FOR
WATCHING

GET IN
TOUCH

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