

JOB SEARCH TEAM

EVENTS FLYER

APRIL 2025







REGISTER ONLINE NOW!

NEXT.RIGHT.COM

THERE ARE LIMITED SPACES AVAILABLE FOR THESE SESSIONS.

PLEASE REGISTER AS SOON AS POSSIBLE, AND WE'D BE GRATEFUL IF YOU UNENROLL IF YOU CAN'T MAKE IT, SO IT FREES UP A PLACE FOR SOMEONE ELSE

APRIL 2025

THURS

11:00 - 12:00 GMT:

Imposter Syndrome - Do you sometimes feel like a fraud? with Jenny Brookes

TUES

22

11:00 - 12:00 GMT:

The Meeting Place with Vicky Ross

TUES

29

14:00 - 15:00 GMT:

Having a Full working Life Past 50 with Jenny Brookes

THURS

11:00 – 12:00 GMT:

Demystifying Networking with Vicky Ross

THURS

24

11:00 – 12:00 GMT:

Job Search Burnout with Julia Lockett

Program Specific

REGISTER AT: NEXT.RIGHT.COM





APRIL UPCOMING EVENTS

THURS 03

11:00 - 12:00 GMT:

Imposter Syndrome: Do you sometimes feel like a fraud? with Jenny Brookes

Imposter syndrome is a sense of self-doubt related to work accomplishments. You might have feelings of phoniness and think you don't deserve your job. Oftentimes, imposter syndrome makes you feel like you're tricking your colleagues into thinking you're good at your job.

Other symptoms include lack of self-confidence at work, sensitivity of small mistakes, fear of failing your team and burnout from working too hard.

If any of these feelings ring true, you're not alone. Join Jenny Brookes as she delves into this emotive subject and explores ways to build more confidence in your own abilities and strategies to overcome it.

This is an interactive session and will include breakout rooms, but due to the nature of the content will not be recorded to provide a safe place for participants to share experiences.





THURS 10

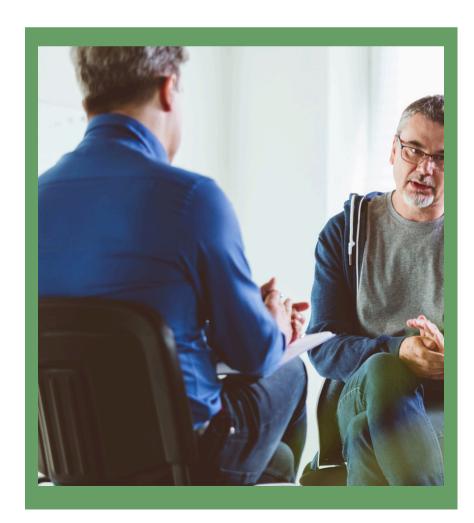
11:00 - 12:00 GMT:

Demystifying Networking with Vicky Ross

We often talk about networking but for many of us we can feel uncomfortable with the concept, unproductive or our contacts are limited or not sure where to start?

This informative and interactive session is designed to clarify what networking is and what it is not, exploring what might be holding us back from networking, how to get started and some tips and techniques to start us on the road to more effective networking. This session includes breakout rooms.

Networking is beneficial no matter what stage you are in during your transition so please join Vicky Ross to share experiences, connect and hopefully leave with more confidence to start networking!







TUES 11:00

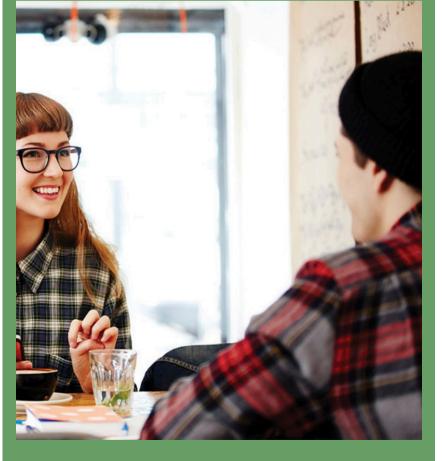
11:00 – 12:00 GMT:

The Meeting Place with Vicky Ross

A virtual drop-in to share, network, explore and engage and as such breakout rooms will be included. This session is designed to encourage you to share thoughts, experiences, hints and tips with likeminded people around your career journey so far. It doesn't matter where you are in your programme of support - start, middle or close to the end - talking with people going through the same experience may help you to have that light bulb moment you've been looking for or quite simply validate the decisions you have made.

We aim to create a safe and confidential space for you to get to know some of your peers, engage, create contacts and come away with tangible steps. Vicky Ross will be facilitating this interactive session. Please ensure you have the LinkedIn App downloaded on your phone if you would like to connect with others on the session during this event.





THURS

11:00 – 12:00 GMT:

Job Search Burnout with Julia Lockett

Program Specific

'There is a saying that 'finding a new job is a job in itself', is it a cliché or a valid point?

This interactive session is designed for people who may need some support and encouragement in their job search.

We know that it's hard to keep motivated at times and you may have found your journey so far stressful, you may be feeling a little overwhelmed about your next steps or just want to take time to regroup.

Join Julia to address these feelings, restore and refresh yourselves and put some strategies into place that can help counter the impact job search can have on us during transition.

This is an interactive session but due to the nature of the content will not be recorded to provide a safe place for participants to share experiences





TUES 29

14:00 – 15:00 GMT:

Having a Full working Life Past 50 with Jenny Brookes

The average person will spend over 90,000 hours at work over their lifetime, meaning our working lives matter. As we get older what we seek may alter, what we enjoy may change, we may have a different set of responsibilities within our personal lives, and we may wish to seek alternatives challenges for ourselves.

Ageing is inevitable however how we respond to this is well within our control. We will have our own feelings about age which will be influenced heavily on the messages that have been around you in the past and now. Has ageing been seen as a negatives or a time when someone is liberated and free? Are you experiencing feelings of self-doubt or worries about not getting a job based on age related stereotypes? These will be discussed together in the group.

What you require from an organisation may have changed and businesses are actively working on attracting over 55's. Both angles will be discussed as a group as well as understanding talent shortages.

Lastly, the next chapter may be one you are undecided on you may be considering a pause in work or retirement. We will chat through how to make this a successful and fulfilling time.

This is an interactive session but due to the nature of the content will not be recorded to provide a safe place for participants to share experiences.





THANK YOU FOR WATCHING

GET IN TOUCH

JOBSEARCHTEAM@RIGHT.COM

